

Swingin' Sundays

Review Card : Beginning Balboa

#	Name	Counts	Holds	Notes
1	Basic	8	Up 3 Up 7	Closer!
2	Come Around	8	Down 3,4 Up 7	Prep 1 Turn 3
3	Basic into Lolly Kicks	8	Up 3 Kick 7	Open for Kick
4	Lolly Kicks	6	All Kicks	Step Away on 6!
5	Kick Turn	4	Kick 7	Keep Shoulder Back
6	Come Around	4	Hold 3,4	Step away on 6!
7	Kick Turn	4	Kick 7	Keep Shoulder Back
8	Come Around to Closed	6	Down 3,4 Up 7	Hold her Closer!
9	Cross Over Prep	4	Up 3	Pivot L on 4
10	Cross Overs x 3	12	Down 7, 3, 7	Guys Rock and Cross, Girls Rock and Out
11	Inside Turn w/ lbow Catch	8	Up 5, Up 7	Rock step step step tap step kick step
12	Come Around	8	Down 3 Up 7	
13	Prep for Paddles	4	Up 3	Pivot 4
14	Paddles	8	Down on 3	Counter Clock Wise
15	Paddles	8	Down on 3	Counter Clock Wise
16	Ending	4	Down on 7	
17	Aslas (Down Holds)	8	Down on 3 & 7	
18	Crab Walks Right	8	Down on 7	Small Steps
19	Crab Walks Left	8	Down on 7	Small Steps
20	Basic into Hangman	8	Up on 3 and 7	Jump back on 8
21	Hangman	8	None	Lowerbody Only