

Swingin' Sundays

Review Card : Intermediate Lindy Hop (Series G)

#	Name	Counts	End Position	Notes
1	Stomp Off	2	Closed	Triple Stomp (7a)
2	Lindy Circle	8	Closed	Feel the Bounce
3	Double Apache Swing Out	8	R to R	Plan on Turning Twice!
4	Cradle	4	Cradle	4 Steps (Guys can triple stomp)
5	Exit	6	R to R	Push with 4arm
6	Break time with Kick Ball Change	6	R to R	Quiet then Energy
7	Swing Out from Rock and Roll	8	L to R	Lead her to travel in.
8	Reverse Swing Out	8	L to R	Off set to R
9	Over the Top Buddha	8	Closed	Keep the leash short
10	Kick Taps with Stomp off	8	Closed	Don't Travel
11	10 Count Lindy Circle	10	Closed	4 walks to turn – Guys cross on 8
12	Double Behind Inside Turn	6	L to R	Get across by 1 and turn her on 2
13	Cuddle Whip	6	R to R	Loop over her head while travel around to her L, pull straight through, change hand
14	Side Pass	6	L to R	Lady Travels