

# Whitey's Big Apple from "Keep Punching"

Notated by Shesha Marvin • [www.ocswing.com](http://www.ocswing.com)

THESE ARE NOTES FOR REVIEW AND CANNOT REPLACE A REAL CLASS

*Also note: Guy starts on left side, girl starts on right side, both facing in.*

## HOPS

Hop around for three 8 counts. Be crazy and use your arms! No no...even crazier!

STOMP OFF INTRO - Starts on 8 of the 3<sup>rd</sup> 8 count of the intro.

JUMP Step Kick Ball Change Step Cross (Unwind Clock Wise)

8	1	2	a	3	4	5	6	7
R	L	R	R	L	R	L	BOTH	L

STOMP OFF (Right hand in the air, left hand on stomach)

Stomp Ball Change Stomp Ball Change Stomp Ball Change Stomp Ball Change

8	a	1	2	a	3	4	a	5	6	a	7
R	R	L	R	R	L	R	R	L	R	R	L

LEAPFROG (Jump into the circle then away)

Jump Land Hold Step Step Cross Jump Land Hold

8	1	2	3	4	5	6	7	8
BOTH	BOTH	BOTH	L	R	L	L	R	R

ROCK THE CRADLE (Elbows OUT)

Up Down Up Down

12 34 56 7

Weight Shifts naturally with the upper body movement.

BOOGIE FWD (Snap when you kick - arms up!)

Kick Step Kick Step Kick Step Kick Touch

8	1	2	3	4	5	6	7
L	L	R	R	L	L	R	R

BOOGIE BACK (Clap, then jump back)(Some people kick R during the clap)

Clap Step Step Clap Step Step Clap Step Step Clap Step Step

8	a	1	2	a	3	4	a	4	6	a	7
L	R	L	L	R	L	L	R	L	L	R	L

APPLE JACKS (How low can you go?)(Twist Knees R on Odds, L on Evens)

Kick Step Step Step Step Step Step Step Step JUMP CLOCKWISE

8	a	1	2	3	4	5	6	7
R	R	L	R	L	R	L	R	L

APPLE JACKS (NOW FACING OUT)(Twist Knees R on Odds, L on Evens)

Kick Step Step Step Step Step Step Step Step

8	a	1	2	3	4	5	6	7
R	R	L	R	L	R	L	R	L

GAZE AFAR (Some people break on 5 because the clip breaks there)

Jump Step Kick Step Step Break (Lunge forward and salute to block sun)

8	1	2	a	3	4	5	6	7
R	L	R	R	L	R	R	R	L

(Shift back to prepare Suzy-Q)

**SUZY-Q** (Still facing outside the circle - get low)(Clap on Crosses)

Cross Step Cross Step Cross Step Cross Step  
8 1 2 3 4 5 6 7  
R L R L R L R L

**SUZY-Q** (Still facing outside the circle - get low)(Clap on Crosses)

Cross Step Cross Step Cross Step Cross Step  
8 1 2 3 4 5 6 7  
R L R L R L R L

**FALL OFF THE LOG INTO RUSTY DUSTY** (Pick up Pants and shake the dust off as you walk forwards into the circle, then backwards, then face your partner and back away then towards your partner then away again. Girls turn clockwise away from partner at the last second. About 4 counts each direction.

Kick Step(behind) Step(Turn CCW) Step Step Step Step Step  
R R L R L R L R  
8 1 2 3 4 5 6 7

Step Step Step Step Step Step Step Step Hold(Pick up Left Knee)  
L R L R L R L R R  
8 1 2 3 4 5 6 7 8

**SPANK THE BABY** (Everyone runs in a circle with left hand in the air while pretending to spank one's self with the right hand. The spank happens on the together) 4 Eight Counts total. Turn to kick into the middle of the circle on the last count 7.

Step Together Step Together Step Together Step Together (One)  
1 2 3 4 5 6 7 8  
L R L R L R L R

Step Together Step Together Step Together Step Together (Two)  
1 2 3 4 5 6 7 8  
L R L R L R L R

Step Together Step Together Step Together Step Together (Three)  
1 2 3 4 5 6 7 8  
L R L R L R L R

Step Together Step Together Step Together Kick Step (Four)  
1 2 3 4 5 6 7 8  
L R L R L R L L

**JUMP CHARLESTON** (This notation cannot possibly demonstrate the amount of awesome energy used for this move)(Do it twice)

Kick(front) Bend Kick(Back) Step(back while left foot falls front)  
1 2 3 4  
R R R R

Switch(Right foot front) JUMP air Step/Kick Step (once)  
5 a 6 7 8  
L L - (R L) L

Kick(front) Bend Kick(Back) Step(back while left foot falls front)  
 1                    2    3                    4  
 R                    R    R                    R

Switch(Right foot front) JUMP air Step/Kick Step (twice)  
 5    a    6                    7                    8  
 L    L    -    (R    L)    L

**JUMP CHARLESTON BREAK** (Sing the song)

Kick(front) Bend Kick(Back) Step(back while left foot falls front)  
 1                    2    3                    4  
 R                    R    R                    R  
 "I                    just want                    to

Switch(R front) Hold Ball Change Break Tap Run Step Hold Break Hold  
 5    6    a                    7                    8                    1    2                    3    4                    5    6  
 L    L    R                    L                    R                    L    L                    R(cross L)    Both  
 Spank    -    my                    ba-    by                    Yes    I                    Want                    to"

**FISHTAIL AND BOOGIE BACK** (Hips sit Left on 7 and Right on 1. Lift opposite heel.)

Step Clap Step Clap Step Clap Ball Change Clap Ball Change  
 7    8                    1    2                    3    4                    a                    5                    6                    a                    7  
 L    -                    R    -                    L    -                    R                    L                    -                    R                    L

**BOOGIE FORWARD AND BREEZY KNEES** (Knees out between the beats 3,4,5,6. Knees in on the beats, 4,5,6.)

Kick Step Kick Step Step Step Step  
 8    1    2    3    4    5    6  
 R    R    L    L    R    L    R

**FISH TAILS AND BOOGIE BACKS** (Hop around like crazy!)

*(Move away from Partner)*

Step Clap Step Clap Step Clap Step Step Clap Step Step Clap  
 7    8                    1    2                    3    4                    a                    5                    6                    a                    7                    8  
 L    -                    R    -                    L    -                    R                    L                    -                    R                    L                    -

**RIDE THE PONY**

*(Move back to back with partner. Guy gets low and girl rides him butt to butt. Good times. Girl flutters feet and waves arms in the air. The footwork below is for the guy. Girl at the last second will rotate Counter clockwise so that she will step forward R for the next step.)*

Step Step Clap Step Step Clap Step Step Clap Step Step Clap  
 a    1    2    a    3    4    a    5    6    a    7    8  
 R    L    -    R    L    -    R    L    -    R    L    -

**BREAK AND KNEE SLAPS** ( )

Step(drop low and swing right arm in) hold step Slap(R Knee) Step  
1 2 3 4 5  
R - L - R

Slap(L Knee) Step Kick Step Step Arm Lock(R Heel front...arch your back)  
6 7 8 1 2 3 (hook your right arms)  
- L R R L R

**TRUCKIN' CLOCKWISE**

Skip in a circle counter clock wise arm in arm  
1 2 3 4 5 6 7 (SWITCH arms on 8 by turning the short way)

**TRUCKIN' COUNTER CLOCK WISE**

Skip in a circle counter clock wise arm in arm  
1 2 3 4 5 6 7 (Switch GUYS arms on 8 by turning the short way so that you are both now facing the same as the girl. Should now be guys right arm and girls left arm)

**LONDON BRIDGE** ( )

Skip along the circle. One couple starts the London bridge by putting their hands together over their heads to make an underpass. The other couples trot under the bridge and then stand up and make the bridge longer. You have until the end of the phrase to do this. That will be just 3 eight counts! If you are not going to make it in time don't go under the bridge. EVERYBODY RUNS IN PLACE WHILE THEY MAKE THE BRIDGE.

**RUN & CLAP** (Bend over during the claps - stand up tall for the rest)

Clap Clap Clap Clap Run Run Run Run (Guy's LEFT girl's RIGHT Waves)  
1 a2 a3 4 5 6 7 8  
L R L R L R L R

Clap Clap Clap Clap Run Run Run Run (Guy's RIGHT girl's LEFT Waves)  
1 a2 a3 4 5 6 7 8  
L R L R L R L R

Clap Clap Clap Clap Run Run Run Run (Guy's LEFT girl's RIGHT Waves)  
1 a2 a3 4 5 6 7 8  
L R L R L R L R

**STEP SKIP HOP HOP** (Transitions the guys next to the girls - Guy's partner will be on his right like usual - GUYS MOVE girls don't - turn the short way(ccw) as you hop forward)

Step Skuff Hop Step Jump Land Jump Land  
1 a2 a 3 4 5 6 7  
L R L R R LR LR LR

**FUNKY KICKS** (this step has a natural Charleston hop to it - we are in a long line now)

Kick triple step kick kick triple step kick kick rock step cross unwind  
8 1 a 2 3 4 5 a 6 7 8 1 2 3 56  
R R L R L L L R L R R R L R BOTH

**SKIP UPS** (travel forwards on the kicks - you will switch feet as you kick on the counts 3,4,5,6. On 6 you will turn to the right a little to prepare the cross. You arms should go quick on the quick kicks.)  
 Rock Step Kick Step Kick Kick Kick Kick Cross Slide(Popeye arms) Step  
 7 8 1 2 3 4 5 6 7 8 1  
 L R L L R L R L L L R

Kick Rock Step Cross Unwind (Face the person to the left)  
 2 3 4 5 678  
 L L R L BOTH

**SKATE/TRUCKING** (left finger in the air on left side, right on right)

Step hop hop hop step hop triple step(bend over and back up)  
 1 2 3 4 5 6 7 a 8  
 L L L L R R L R L

**FALLING OFF THE LOG** (This step backs away for the 1<sup>st</sup> 8 counts along the line of dancers. The it backs away from the audience for the 2<sup>nd</sup> 8 counts.)

Step(back) Step Step kick Step(Fall off log-turn to front) Step Step  
 1 2 3 4 5 6 a  
 R L R L L R L

Step(together) Kick(Fall off Log) Step Step Cross Hold Step Hold(down)  
 7 8 1 2 3 4 5 6  
 R L L R L - R -

**ROCK THE CRADLE** (Elbows OUT)

Up Down Up Down Up  
 78 12 34 56 7

Weight Shifts naturally with the upper body movement.

**BOOGIE BACK** (Face right on 1<sup>st</sup>, Left on 2<sup>nd</sup> and Front on 3<sup>rd</sup> and 4<sup>th</sup>)

Clap Step Step Clap Step Step Clap Step Step Clap Step Step  
 8 a 1 2 a 3 4 a 5 6 a 7  
 - R L - R L - R L - R L

**SHORTY GEORGE** (move forwards to audience - 3 pauses start on 7)

Kick Step Step Step Step Step Step Step Step(look L) hold Step(look R)  
 8 a 1 2 3 4 5 6 7 8 1  
 R R L R L R L R L - R

hold Step(look L) hold Step(look Front) Step Step(look R) Hold  
 2 3 4 5 6 7 8  
 - L - R L R -

Step(look L) Hold Step(look R) Hold  
 1 2 3 4  
 L - R -

**BASIC CHARLESTON** ( )

Rock Step Kick Step Kick Bend Kick Step  
5 6 7 8 1 2 3 4  
L R L L R R R R

**AROUND THE WORLD CHARLESTON** (Get Low)

Kick(back) Bend Kick(front) Step Kick(as you turn to the side ccw) Bend  
5 6 7 8 1 2  
L L L L R R

Kick(away from audience) Bend Kick(at Audience) bend Kick(back) Step  
3 4 5 6 7 8  
R R R R R R

**KNEE SLAPS AND CROSS STEP** ( )

Rock Step Step Slap(R Knee) Hold Step Step Step Slap(L Knee)  
1 2 3 4 5 a 6 7 8  
L R L - - R L R -

Hold Step Step Step Slap(R Knee) Hold Step Step Step Hold(up)  
1 a 2 3 4 5 a 6 7 8  
- L R L - - R L R -

Cross Hold(down) Step Clap(up) Hold  
1 2 3 4 5  
L - R - -

**REVERSE SUZY-Q** (Clap on the odd # steps and twist the L foot)

Step Together Step Together Step Together Step Together  
6 7 8 1 2 3 4 5  
L R L R L R L R

Step Together Step(don't clap)  
6 7 8  
L R L

**JUMP CHARLESTON CROSS** (Guys travel right. Girls Stay in place)

Kick Hop Step Hop/Kick Step(behind) Step Step Step  
1 2 3 4 5 a6 a 7  
R L R R L L R L R

**REVERSE SUZY-Q** (Clap on the odd # steps and twist the L foot)

Step Together Step Together Step Together Step Together Step Together Step(no clap)  
8 1 2 3 4 5 6 7 8  
L R L R L R L R L

**JUMP CHARLESTON CROSS 2** (Girls travel right. Guys Stay in place)

Kick Hop Step Hop/Kick Step(behind) Step Step Step(into a lunge) Hold  
1 2 3 4 5 a6 a 7 8  
R L R R L L R L R

**PECK** (Stick your lips out!)

Peck Peck Peck Peck Recover from lunge and stand up  
1 2 3 4 5 - 6 - 7  
R R R R L

**FALL OFF THE LOG, TURN (CCW) INTO FISHTAILS** ()

Kick Step(behind) Step Step(R hip goes R) Clap Step(L hip goes L)  
8 1 2 3 4 5  
R R L R - L

Clap Hold  
6 7  
- both

**BOOGIE BACK** (3 eights or longer depending upon music)

Clap Step Step Clap Step Step Clap Step Step Clap Step Step  
8 a 1 2 a 3 4 a 5 6 a 7  
- R L - R L - R L - R L

Clap Step Step Clap Step Step Clap Step Step Clap Step Step  
8 a 1 2 a 3 4 a 5 6 a 7  
- R L - R L - R L - R L

Clap Step Step Clap Step Step Clap Step Step Clap Step Step  
8 a 1 2 a 3 4 a 5 6 a 7  
- R L - R L - R L - R L

**STOMP OFF INTRO** ()

Step(jump forward) Step(jump backwards) Kick Ball Change  
8 1 2 a 3  
R L R R L

Step Cross Unwind  
4 5 678  
R L BOTH

**BREAK A LEG EXIT to end** (Link Guy's R arm and girl's L arm)

Heel(forward) Step Step Heel(forward) Step Step Heel(forward)  
R R L R R L R

Step Step Heel(forward) Step Step (REPEAT AS NEEDED)  
R L R R L